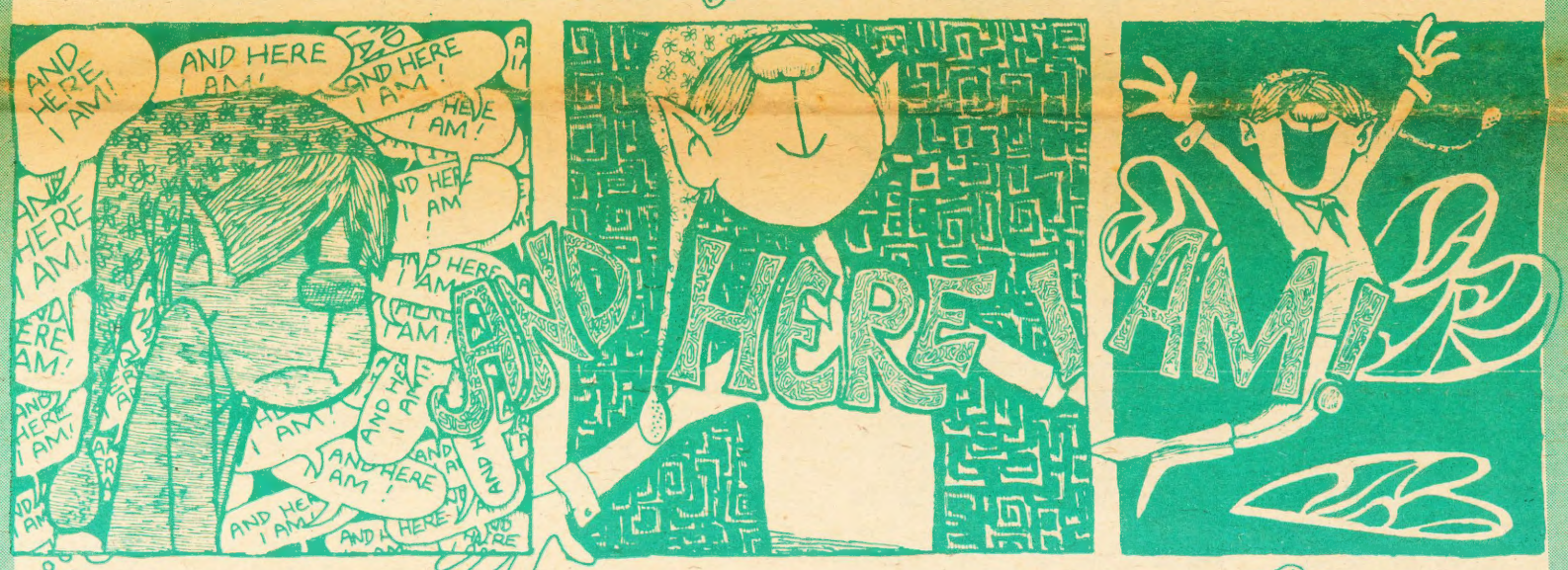
HUNDRED FLOWERS

LIBERTY 25¢ 1770

VOLUME I, NUMBER 22 north country FRIDAY, OCTOBER 2, 1970


AND HERE I AM!
AND HERE I AM!
AND HERE I AM!
AND HERE I AM!

ONWARD TO VICTORY

GREAT VICTORY FOR "COMMUNITY"
RICHFIELD HIGH'S UNDERGROUND

As reported last week, Richfield High's Principal, Gene Olive, is very uptight about "The Community," the school underground newspaper that has been critical of the over-allegiance to authority that dominates their school environment.

Last week Gene was going to call a meeting of parents to discuss this serious breach of manners.

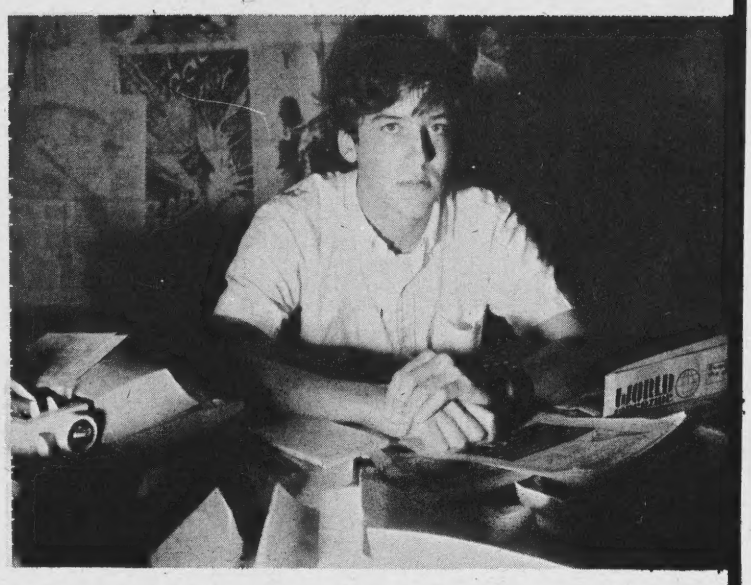
Monday night he had his meeting, and he couldn't handle it.

Some of the parents at the meeting felt that their kids had a right to be there. Olive asked them to leave. Then he asked a lawyer, watching over the civil libertarian issues, to leave. A debate ensued. Some students walked in. And the Principal walked out.

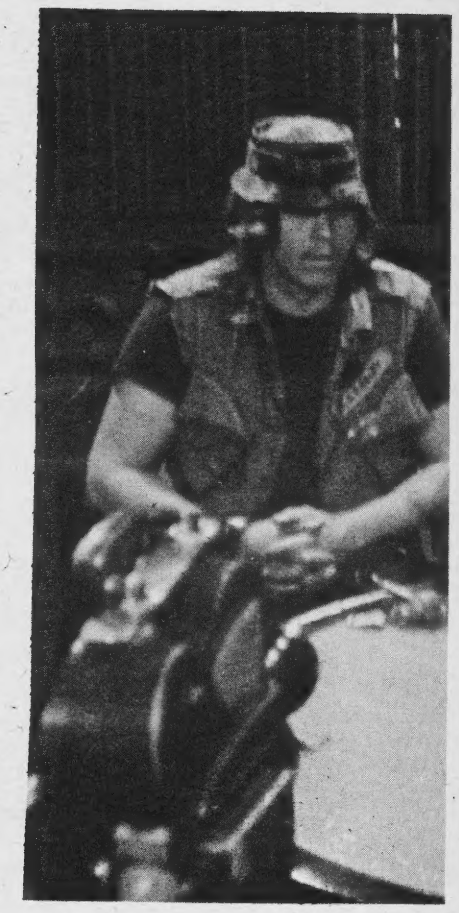
The parents continued the meeting and, in general, approved of the newspaper--asking it to avoid four-letter words. And they disapproved of the Principal for presenting a one-sided argument (He had accused the newspaper of obscenity for calling the School Board "senile old men.")

The "Community" will continue to come out and will continue to serve its community.

thanks to
Dick Bredeson and
Joe Alfano



Joe Alfano, the "king" of COMMUNITY



RAY EARLEY

Local Expose

NORTH COUNTRY Conference

Plans for the North Country Liberation Conference are rapidly pulling together. Workshops are in the pulling together. Workshops are in the process of being formed to deal with the Media (high school undergrounds are invited to participate), Urban Renewal, food distribution, Free Schools, Peoples Medical, etc.

We are now taking names of sisters and brothers who are interested in attending the Conference. The date is set for October 9th, 10th and 11th.

If you have ideas or talent, please come and share them with us. For more information, please call 824-4760.

Minnesota 8 Indicted

Last week the Hennepin County Grand Jury indicted the Minnesota 8 for "Interference with the Selective Service System," maximum penalty 10 years and $10,000.

U. S. Attorney Robert Redder dropped the charge of attempted sabotage probably because, as Don Olson suggested, "of the tremendous show of support" for the 8.

The Minnesota 8 are Brad Beneke, Francis Kroncke, William Tilton, Michael Therriault, Charles Turchick, Pete Simmons, Clifton Ulen and Don Olson. They are free now on $10000. bail (ransom) each. . . godluvem.

Eastside Plans Health Center

The Eastside has been holding meetings for the past month to discuss beginning a Neighborhood Health Clinic--patterned, probably, after the model of the "Peoples Community Center" on the West Bank.

Sor af

So far they've held two meetings and forty people have attended each. They've listened to Dr. Judy speak about how to set up a Free Clinic by relying on local doctors donating their time and the need for community control and involvement.

Pam, of the Eastside Community Center, organizer of the meetings, says the next step is to conduct a survey of the health needs in the area before concrete proposals can be made. Anyone interested in helping out on the East and Nordeast side should contact Pam at the Center.

LOCAL VIETAM VETS EYE WITNESS TO ATROCITIES IN VIETNAM

Last Friday, September 25th, the "Minnesta Vets for Peace" and the "National Committee for a Citizen's Commission of Inquiry on U.S. War Crimes in Vietnam" held a news conferance in the Minnesota Press Club of the Radison Hotel in downtown Minneapolis.

Six Vietnam Veterans, all honorably discharged, gave eyewitness accounts of the following War Crimes committed by their respective units in Veitnam:

WILLIAM E. MARHOUN, 30 Sp/5, field radio mechanic, 2nd Battalion, 173rd Airborne Brigade, a St. Paul resident, testified to the massacre of 24 women and children by a company of the 2nd Battalion, 173rd Airborne in August of 1968 on the beach 7 kilometers directly east of Bong Son. According to Marhoun, the company had made an amphibious assault on the beach and had secured the area without encountering any enemy contact. Women and children from the nearby village came onto the beach while the GIs were relaxing, and were mingling with the GIs selling them cokes, etc., when a burst of gunfire rang out followed by 2 minutes of pandemonium and shooting. All of the 24 women and children were killed and no weapons of any kind were found.

Later in the day, back in base camp, Marhoun asked his commanding officer if he had heard about the incident. The C.O. said, "Yeh, we got 26 V.C." to which he replied, "But, they were women and children". The C.O.'s response was "A gook is a gook; if it's got slanty eyes, kill the bastard".

RAY EARLEY, 23, PFC, reconnaissance 3rd Recon Battalion, 3rd Marine Division, a Minneapolis resident testified to the frequent torture of Vietnamese suspects--men, women and children-- by U.S. Marines. According to Earley, beatings, clubbing, pistol whippings and wiring of wrists were frequently used in order to extract information from Vietnamese.

On one occasion, a V.C. suspect was shot and strung up on a cross at the doorstep of a village in order to terrorize the inhabitants.

DARYL NELSON CY YERBICH

GREGG TURGEON WILLIAM E. MARHOUN BOB ANDERSON

G.I.s Genocide

On another occasion, a recon unit brought in a female Vietnamese to base camp and sold her to the Battalion for a gang rape. After being raped repeatedly and killed, she was thrown out on the perimeter wire and a carbin was placed on her body to appear as is she was killed while trying to infiltrate the camp.

Earley testifies that the wearing of ears as souvenirs of war was common practice for the Marines during his two tours of duty.

GREGG TURGEON, 23, corporal, infintry rifleman, and vietnamese interpreter, 3rd Battalion, 7th Marine Regiment, a resident of Minneapolis, testified to the frequent use of torture to elicit information from Vietnamese suspects--men, women and children.

On one occasion just outside of DucPho base camp in March of 1967 , a marine Colonel took a Vietnamese suspect, bound him with rope and let an attack dog loose on him. When that failed to get the suspect to speak, the Colonel ordered detination chord to be tied around his neck.

On another occasion at Dai Loc base camp, Turgeon witnessed the use of electrical torture on a suspect with wires hooked up to the sensitive parts of the body to cause excruciating pain.

Beatings, of suspects were often critical and Turgeon related an incident where an old papason was literrally beaten to death by marines in the unit.

In September of 1967 near Dai Loc, Turgeon's witnessed the use of electrical torture on a squad leader called back to a tank support unit requesting an artillery strike on a small village even though it was in a pacified area and no suspicious activity or sniper fire was reported. The village was destroyed and among the victims was a Vietnamese child.

BOB ANDERSON, 26, Sgt., Infintry, Americal Division, a resident of Minneapolis testified to the often indiscriminate killing of Vietnamese civilians and the wholesale destruction of Vietnamese civilians and the wholesale destruction of Veitnamese property.

As an example, Anderson relates one incident in June of 1968 ten miles west of Tam Ky where his commanding officer was attempting to interrogate local villagers. One young boy began to skip off to play and was shot and killed by the officer in command.

DARYL NELSON 29, E-5, radar technicians, 3rd Battalion 3rd Marines, Minneapolis resident, testified that while stationed at Dong Ha between December, 1966, and June, 1967, Harrasment and Interdiction fire was used repeatedly every night. According to Nelson, any movement whatsoever that was picked up on the radar screen would be zeroed in for artillery strikes. The result was indiscriminate killing of civilians and wholesale destruction of villages within the area surrounding Dong Ha.

CY YERBICH, 3rd Recon, 3rd Marine Div., Minneapolis, testified about the beating of badly wounded prisoners, with the silent approval of medical corpsman and doctors. He told how twenty men died to recover a dead officer's body. Officers would get medals for mutilating dead bodies to prove to their men how "brave" they were, and the officers, of course, never went into the field.

John Sherman, the local spokesman for Vets for Peace, said that his group was now engaged in collecting information about atrocities for a Commission Hearing in Detroit November 30th, December 1st and 2nd. 150 Vets will be flown to Detroit from across the country to testify about War Crimes. There will also be a local Open Forum to enlighten Minneapolis-St. Paul about the genocidal nature of the war taking place within the next few weeks. "We figure it'll blow anybody's mind if we can just get through to them, and Vets for Peace is the only group that many who are hardened to the war will listen to." John said.

All Vietnam Vets who have witnessed atrocities should get in touch with Vets for Peace, P. O. Box 9677, Minneapolis 55440

PEOPLE RISING

GAMAL ABDEL NASSER

NASSER DIES

The death of Nasser means an increase of power to Yasser Arafat and his Palestinian Commandos.

Nasser was able to force a cease fire agreement between King Hussein and Arafat, the day before he died of a heart attack. It now seems that his death will void that agreement.

Nasser was,himself, a revolutionary. At the age of 17 he was jailed for his part in fomenting plots against the British who at that time ruled the Suez Canal Zone.

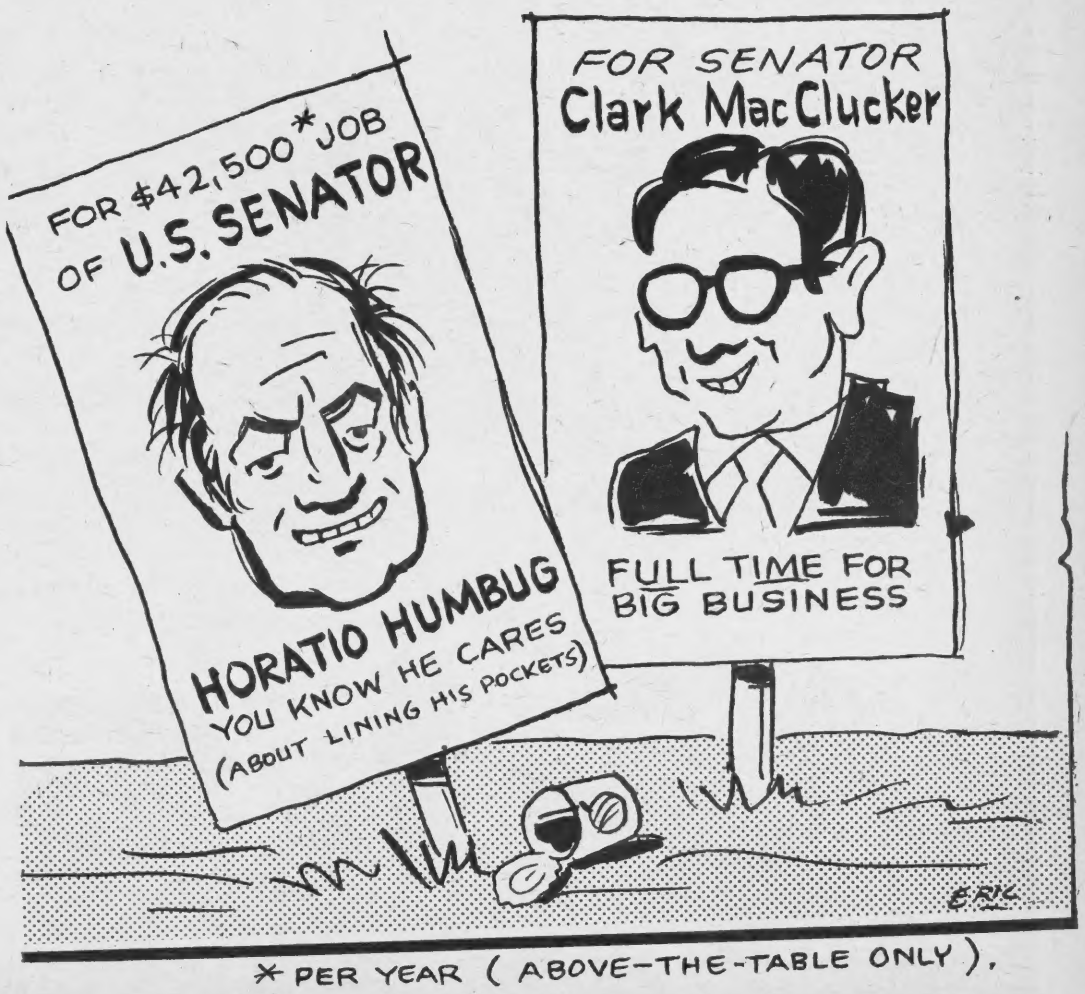
The corruption of Egyptian politics and the increasing impoverishment of the Egyptian masses together with the aid of the army resulted in the overthrow of King Farouk in 1952.

In 1954 Nasser took control of Egypt becoming its Premier at the age of 36. In January of '56 Nasser proclaimed a new constitution and in the country's first election was chosen President with 99% of the vote.

In July '56 Nasser completed what he had begun at the age of 17, namely nationalization of the Suez Canal and an end to British interests in Egypt.

The last 14 years of his life were devoted to "ARAB UNITY" As a young officer he had dreamed of uniting a world of 100 million Arabs, perhaps even uniting the worlds hundreds of millions of Moslems. He saw Egypt as at the center of two vast geographical circles- the Arab world and Africa- and thus in position to play a major rule in the development of the world's politics. Today this is becoming true, as world attention focuses on the Palestinian Guerillas and Yasser Arafat, who could only be controlled by Nasser--and then not too successfully.

In spite of the confusion reported in the straight press, it seems that the Command's under the leadership of Yasser Arafat, will have a very strong influence on future political events in the Middle East, probably filling the political void left by the death of Gamal Abdel Nasser.



PALESTINIAN COMMANDOS

After the cease fire agreement between Hussein and the Commando's a guerrilla broadcast said that the guerrilla's accepted the agreement only to "stop bloodshed". It added that the guerrilla leadership will not "concede one hair's breadth of its legitimate demands for freedom of action and existence in any part of Jordan."

Another broadcast said the "Palestine revolution cannot be stopped by an agreement concluded or decrees issued. It is now more determined than ever to carry on the struggle for the complete crushing of intrigues against it.

THE WRONGS DONE AGAINST THE JEWS CRY OUT TO HEAVEN____

BUT NOT SO LOUD THAT THE WRONGS DONE THE ARABS NEED NOT BE HEARD_____

----------PALESTINE LIVES----------

A UNION SPOKESMAN FOR STRIKING APARTMENT HOUSE WORKERS IN N.Y. CITY SAID "THE LANDLORDS HAVEN'T MOVED AN INCH..."
IT'S EASY TO SEE WHY
IS THIS THE WAY IT WAS?
by BILL ANDREWS
DAILY WORLD 9/26/70
AN OFFICER AT A RIGHTWING POLICE CONVENTION SAID "I THINK IT IS IMPORTANT THAT WE REMEMBER FIRST THAT WE ARE BASICALLY COPS..."
WHO CAN FORGET?
PEACE AND FREEDOM
DAVID BRUCE, NIXON'S CHIEF NEGOTIATOR AT PARIS PEACE TALKS SAID LATEST NLF PEACE PROPOSALS WERE "OLD WINE IN NEW BOTTLES"
NO, THANKS! I NEVER TOUCH THE STUFF!
PEACE
THE CONSERVATIONIST SIERRA CLUB LOST A COURT FIGHT TO PREVENT WALT DISNEY PRODUCTIONS FROM COMMERCIALLY EXPLOITING AN AREA IN THE SEQUOIA NAT'L FOREST
SMOKEY
GET LOST, SMOKEY!

UP ALL OVER

BLACK PANTHER PARY EMBASSY OPENS IN ALGERIA

ALGIERS-- The first foreign embassy of the Black Panther Party opened in the capital of Algeria on September 13, with a reception attended by representatives of the world's foremost revolutionary peoples. The opening of the new embassy came as the Algerian government officially recognized the Panthers as a revolutionary organization on a par with other liberation movements in Asia, Africa and Latin America.

Eldridge Cleaver and Elaine Brown represented the Black Panther Party at the reception. The ambassadors of the Democratic People's Republic of Korea, and the People's Republic of China; representatives of the Provisional Revolutionary Government of South Vietnam and Al Fatah, and the head of the liberation movement department of the Algerian National Liberation Front were among those who greeted the opening of the embassy.

A group of American movement people who had accompanied Eldridge and Elaine on a trip to Korea, China, and Vietnam were also at the opening ceremonies.

The BPP embassy will function as a center for communication between the liberation struggles of the Third World and the struggle in the U.S.

JORDAN

It was announced Sunday that all hostages, which had been held by the Palestinian Commandos after the multiple hi-jackings last week, had been released with no harm to any of them. One American Flight Officer who had been a hostage, said he had been treated sternly but humanely, and when asked what the hostages had been given to eat, he replied, "they (the Commandos) shared what they had with us".

NIXON IN THE MEDITERRANEAN

Nixon in a speech in Italy on Sunday described a new extension of American Imperialism. He warned the world that the U.S. was about to "maintain peace in the Mediterranean".

It was also pointed out that the Sixth Fleet, now in the Mediterranean, was inefficient and becoming decrepid due to lack of military funds.

VIETNAM

American casualities on Sunday resulted from American accidents such as two helicopters colliding in mid-air killing several American soldiers.

President Ky admitted that he had changed his mind about participating in the Washington "March for Victory" planned for the coming Saturday.

IRELAND, Belfast

Catholics and Protestants are continuing their 500 year old battle. Bombs and guns have replaced rhetoric.both sides finding them effective methods of self-expression.

Rome and Canterbury, seem to be rather uninfluential in effecting a peaceful solution.

U.S.A.

The President's Commission to inquire into Campus Unrest, and headed by Governor Scranton, reported that the k killing of students at Kent State and Jackson Miss. was completely unf Miss. was completely unjustified.

The Report accused Nixon of having "failed to provide the leadership for reconciliation" between students and others.

Nixon's reaction to this was to forward, to all campus administrators, a copy of J. Edger Hoover's "Open Letter to Students" in which Hoover speaks of "students being tricked by the insidious poison of small groups of extremeists". poison of small groups of extremists". The letter also lists the "subversive" organizations found on campus' such as S.D.S., Student Mobe, etc. etc.

ALL ACROSS AMERICA SMALL GROUPS OF SABOTEURS STRIKE WITH FLAMING VENGEANCE...THE AIR WAVES ARE ELECTRIC WITH RAGE...
ROVING BANDS OF GODLESS ANARCHISTS STRUCK FOR THE FIFTH TIME THIS WEEK TODAY... WITNESSES SAID THE YOUTHS APPEARED TO BE UNDER THE IN FLUENCE OF DRUGS
KRAP RADIO
...THE CITIZENRY IS QUICK TO REACT!

PURE LEARNING!
(NO ACADEMIC BULLSHIT)
CLASSES IN: MUSIC THEORY
FUNDAMENTALS OF MUSIC
GUITAR, COMPOSITION, ETC.
LESSONS IN: ALL ORCHESTRAL
INSTRUMENTS, ALL STYLES
OF GUITAR, ROCK-BLUES-
JAZZ INSTRUMENTS,
YOU NAME IT!
WEST BANK SCHOOL OF MUSIC
1813 6th St. So. 336-1991
(Classes begin Oct. 5)

HAIR'S HOW HEADSHOP
27th & Nicollet
823-5448
HAGGLE YOUR PRICE

books etc
SAVRAN'S
PAPERBACK SHOP
301 Cedar Av S.
open eve.'s til 9!

EEC NORTH COUNTRY FESTIVAL

Students, non-students, parents, teachers, school administrators, public officials, a couple of nationally-known authors and assorted seekers and free spirits gather at Macalester College this weekend to participate in the first annual North Country Festival for Alternatives in Education.

Organizers

The event was organized by the Education Exploration Center (see box below). They see the festival as "an opportunity to get down to the nitty gritty and move a few steps in the direction we want to go. We hope that those who attend the Festival will have a joyous time and come away with knowledge of concrete courses of action and the motivation to pursue them."

Folk singing, poetry, rock and roll music and guerilla theater will supplement the small w rkshops which EEC sees as the core of the festival.

George Dennison, author of The Lives of Children, and James Herndon, who wrote The Way It Spozed to Be, will be on hand to share experiences.

If you're interested but haven't registered for the festival, feel free to drop by and check it out. EEC requests a registration fee ($5 students, $10 adults, $20 affluent), to help pay the speakers--but no one's about to charge admission to talk about free schools.

The Education Exploration Center is a coalition of groups and individuals in and around North Country. Students, parents and teachers have come together because they feel education needs to be revitalized and humanized. We hope to share with each other and the world our hopes, dreams and frustrations in trying to move the cumbersome machinery which bogs down our education systems--especially in the cities.

In EEC's six months of existence, we have found a strong and almost universal desire to get education moving in some meaningful directions. Because of the concern people feel, our efforts to b bring them together for discussion and information gathering have been fairly successful.

SCHOOL IS NOT HEALTHY FOR

... The high school experience teaches the student a disrespect for learning, a disapproval of himself, and a disinterest in democracy. The grading system introduces competition and achievement as criteria for learning. The community notion of students and teachers learning and seeking together is dismissed as unworkable ("nobody would study if it weren't for marks and tests - it's human nature"). Students learn to formulate thoughts, questions, and study habits in terms of tests. Listen to them before and after tests. Listen to Shakespeare's genius prostituted for an English mark. ... See the history teacher with his dates and facts and multiple choices betray the richness of the lessons of the past to "the more easily testable material." (He learned it that way too - a teacher's style is as much a product of his own inferior education as an indication of his own inability to break the cycle.) The **need to grade and cover** set class material often stunts the development of special interests and in-depth research of individual students. The attempt to justify this in terms of liberal education is a perverted misreading of both Whitehead and Dewey. The class system based on age, the fragmentation of subject material, the underemphasis on useful vocational skills (who takes shop?), and the unimaginative disuse of the community and city as a learning experience are obvious examples of institutional failure to respond to the needs of students in their growing up experience. The institution's reliance on subjects, grades, schedules, and ... building sacrifice the youth on an altar of rigid irrelevance. High school students should be given countless opportunities to leave that guarded fortress and learn about polluted air, dirty cities and politics, overcrowded airports and courts, businessmen and hippies, and - especially in Minnesota - cars and cold weather (a special one-day course in jumped cables should be a prerequisite for graduation). Learning to deal with one's environment and society are integral parts of the growing up experience. More importantly, the young must understand that learning itself is a life style and not an activity to be accomplished in a single building. No institution so effectively destroys that nation as the high school.

In such an atmosphere the student discovers his identity, shapes his relationships with others, and formulates his concepts of authority and institutions. He learns to achieve and succeed in the game of grades or accept his lot as a hard worker but limited in ability. He learns to lie about his absences, be covert about sexuality, submissive to strangers, and bored with the "hassle" of everyday life. He learns to live for the afternoon bell or the weekend holiday. He learns to dislike his everyday routine, but accept it as the modus vivendi for the 20th century man. He formulates his self-worth in relation to the institution's goals ...

He relates to adults who see themselves as professionals or policemen. Teachers can't get too involved or tell too much of the internal politics of the school - the ethics code, you know. Teachers are the villains when he walks the halls without his pass (the right to free travel and defecation should be in the student bill of rights). So he avoids those elders who use academic punishments for social "crimes" and goes just so far with the friendlier type. The establishment of interpersonal relationships between young and old is discouraged in the atmosphere it should most naturally occur. The student's ... concept of authority becomes a respect for position and power. The consent of the governed loses out to the divine right of kings. The student is told to become something the school can be proud of rather than demanding the school serve and free him to understand himself and the world he lives in. He then carries this notion of himself and authority and the school institution to his fellow students. Accepting the inherent value system, he becomes cliquish, disrespectful of fellow students and prejucicial to peer relationships ... because learning is not communal, the human need for brotherhood and community is left unmet and more tragically undefined. Students quickly learn it is every man for himself, that learning is for grades, work is for money, and muscle superiority is the only way to deal with arrivals.

And what of democracy? Here in the educational system where Jefferson said men might "become citizens," the students learn a different tale. Free expression in personal appearance, the right to assemble, the right to petition, the right to a press free of censorship are all sacrificed to keep up school image and an orderly atmosphere of learning. Exit creativity, dissent, and the 1st Amendment of the Constitution. Discipline is meted out by principals and teachers in arbitrary and secretive decisions. Due process is unknown - it is the insolence of the young to demand a voice in how or why they are being punished. The students' government is a puppet facade where the kids do the busy work while the grownups make the essential decisions. Students learn that the problems of men living together are best solved by the proper authorities and not by the men who live together under the conditions established by those decisions. The right or ability to participate in decision-making is scorned as impractical. What the student knows best - whether he is learning, whether the material is relevant to him - those are the questions as unasked as their voices are unheard.

This then is the issue. Quality education will not come with an abolition of the dress code or a few more field trips or modular scheduling. The "colonials," the students, are speaking of self-determination, of power, of con-

MS YOU

During the last school year, there was an explosion in the high schools. It wasn't a big one, but it was definitely there. All of the sudden the myth of the student who only worried about proms and friday nights was broken. Students were getting together and caring about their lives. We weren't accepting irrelevancy and boredom as necessary to our education. Instead we were demanding change. Together, we could say and do more; our power could be felt.

In forming the Minnesota Student Union (MSU), our first concern was authority. We were told what to do at home, at school and nearly everywhere else we went. This feeling led us to keep MSU independent of any other political group, though we see ourselves as part of a national groundswell of young people organizing to bring about real changes in this country. Within the statewide Union, also, each local union develops its own policies and actions.

Different kinds of students make up the Union, but we stand together in pursuing the goal of self-determination for high school students. We're fed up with being told what's important for us. Curriculum dictated by others is boring, repressive and often pointless. The crucial issues of today are ignored because they're "too controversial," while we are forced to study irrelevant things because we "might regret it someday" if we don't.

The content of those required courses is questionable too. We simply aren't learning the truth in our schools. American history is not all white and it's not all comforting. If it were, Indians wouldn't be on reservations and blacks and Mexicans wouldn't be in ghettos. We demand that the truth be taught, and we demand a voice in our own education.

MSU has also been confronting the issue of students' rights. We may be taught all about how free we supposedly are in America, but experiencing it in our schools is another matter. School papers are censored; underground papers are often forbidden. So much for freedom of the press. Discipline is a one-man job. Where does the student get a chance to plead his case? So much for due process. We have, furthermore, school authorities forbidding us from putting up posters in our own hallways, and digging into our private lockers and purses.

It seems that we're being taught that the Bill of Rights is only good for memorizing or for tests. We're not buying that. Those rights are ours whether or not teachers and administrators think we're "ready" for them. Supreme Court Justice Abe Fortas said it, "In our system state-operated schools may not be enclaves of totalitarianism. School officials do not possess absolute authority over their students."

We're sick of student councils that are told what to do by principals, disbanded when they begin to raise gut questions about what happens day-to-day in the classroom. Our idea of self-determination is not deciding what band we want at homecoming.

Schools mirror the larger society. They teach us to work only for individual achievement and success--to hell with everyone else who is getting D's and F's and headed for third-rate jobs. Enough of this, we say. All students and all men must stand up with and for each other. We must stop having all of these cliques working against each other. That's the only way we can win decent schools, a just society and good lives for everyone.

These are some of the basic ideas motivating the Union. We want to be able to guide our own educations. We must learn how to attack the real problems of our society and our lives. We must learn a truthful account of our history. We're not accepting boredom and irrelevancy anymore. WE'RE GOING TO CHANGE IT.

Last October we had about 30 members. Since then some 1000 kids have participated in local unions, and the MSU has provided resources, literature, advice, and vital moral support to 30 or 40 local unions. It's a long road to go, and we need each other. JOIN US!

Bill of Rights

--Right of free expression: includes freedom of speech, freedom of the press, freedom of dress.

--Right of peaceful assembly.

--Right to due process of the law within the school situation.

--Right to diverse education: right of students to examine and hear all points of view.

--Right to a faculty that is allowed the same basic rights in teaching. This includes the individual freedoms of the teacher as a teacher to provide diverse education in the classroom.

--Right to pursue in school those activities that relate the community to the school.

--Right to complete involvement and voice in all bodies that make decisions concerning student affairs including bodies that affect curriculum and discipline.

--Students shall have freedom from search and seizure except with a legally constituted search warrant.

The enumeration of specific rights in the Student Bill of Rights is not to be interpreted as denying or depreciating other rights possessed by the student.

The above basic rights of students are rights of the individual; they cannot be taken away by the decision of the majority. They are to protect the beliefs of the student as is guaranteed by the first amendment to the constitution.

CHILDREN AND OTHER LIVING THINGS

trol of their institutions. They demand fundamental civil liberties to insure those rights in the best tradition of our revolutionary forebears who secured the Bill of Rights. They have exposed "the subtle lie of high school life" which they experience as a social studies teacher tells them to memorize the 4th Amendment while a principal is ransacking their lockers. They seek only equal participation in the learning community. The elders will say democracy cannot be applied to the high school. They cite students' lack of responsibility and maturity in decision-making or usage of time. They cite the havoc in every school when the students switch to modular scheduling. But the argument is specious. That havoc is an indication of the anachronistic and self-defeating roles which the schools have assumed. It is an indictment of all the false discipline which emphasized a quiet and orderly school at the expense of students' learning to participate and socialize.

If students felt part of the school, they would not destroy its property (their property) when "no one was watching." If students felt learning was important, they wouldn't misuse their free time or "get out of as much as possible." The change will, of course, be tumultuous. But change must come. The young must be taken seriously because they take themselves seriously - rumor has it that they are real human beings like you and me. They are beginning to organize and thereby realize their own power. They are beginning to create community and break down the value structures which separate them from each other. They employ non-violent direc action to protect each other. They may slow down classes, boycott lunch, picket the school, refuse to take a test, or even strike. Such tactics are disruptive, but they are also a beautiful manifestation of a new student personality. They are the expression of solidarity, brotherhood, and a new critical awareness - the exemplary ideal all educators should teach. ...

by David Pence

photo: New Schools Exchange

HISTORY OF PHOTOGRAPHY COLLECTION, SMITHSONIAN INSTITUTION

Song of the Open Road

Afoot and light-hearted I take to the open road,
Healthy, free, the world before me,
The long brown path before me leading wherever I choose.

Henceforth I ask not good-fortune, I myself am good-fortune,
Henceforth I whimper no more, postpone no more, need nothing,
Done with indoor complaints, libraries, querulous criticisms,
Strong and content I travel the open road.

The earth, that is sufficient,
I do not want the constellations any nearer,
I know they are very well where they are,
I know they suffice for those who belong to them.

(Still here I carry my old delicious burdens,
I carry them, men and women, I carry them with me wherever I go,
I swear it is impossible for me to get rid of them,
I am fill'd with them, and I will fill them in return.)

You road I enter upon and look around, I believe you are not all that is here,
I believe that much unseen is also here.

Here the profound lesson of reception, nor preference nor denial,
The black with his woolly head, the felon, the diseas'd, the illiterate person, are not denied;
The birth, the hasting after the physician, the beggar's tramp, the drunkard's stagger, the laughing party of mechanics,
The escaped youth, the rich persons' carriage, the fop, the eloping couple,
The early market-man, the hearse, the moving of furniture into the town, the return back from the town,
They pass, I also pass, any thing passes, none can be interdicted,
None but are accepted, none but shall be dear to me.

Allons! the road is before us!
It is safe—I have tried it—my own feet have tried it well—be not detain'd!
Let the paper remain on the desk unwritten, and the book on the shelf unopen'd!
Let the tools remain in the workshop! let the money remain unearn'd!
Let the school stand! mind not the cry of the teacher!
Let the preacher preach in his pulpit! let the lawyer plead in the court, and the judge expound the law.

Camerado, I give you my hand!
I give you my love more precious than money,
I give you myself before preaching or law;
Will you give me yourself? will you come travel with me?
Shall we stick by each other as long as we live?

GUERILLA TEACHERS MANUAL

The Guerilla Manual is serious. Very Serious. Some tactics focus on generating support from parents whose kids are getting shafted by the schools. Others can serve to eliminate barriers isolating good teachers from one another. All are concerned with humanizing the schools. But since schools vary (mediocre-bad-terrible), applying any given tactic may prove a conservative, liberal, or radical act. If you want to find out where you and your school fit, just try No.36 below. Or choose any tactic appropriate to your situation and discover, uncover, even recover the resources to take a second step...and then a third...

STUDENTS: Dig This

1. Set up a counter in-service week, planned and carried out by teachers.
2. Alert students to placing mousetraps in their lockers on locker check day.
3. File a suit against compulsory attendance laws.
4. Stop the gossip about kids in faculty lounges.
5. Have your English classes correct all office memos and return them.
6. Put out bogus memos.
7. Assist kids in setting up a curriculum evaluation committee.
8. Sabotage the course requirement system by inviting state department people to classes.
9. Arrange ACLU presentations for kids about legal rights.
10. Arrange ACLU presentations on academic freedom for teachers.
11. Use walkie-talkies to stay in touch with isolated teachers in the fifth wing, third floor.
12. Interest the local bar association in legal services for kids.
13. Conduct free Saturday classes--open the school, invite the janitor.
14. Help students photograph the school from their point of view and set up a display in town.
15. Send the school board a bill for chaperone services--take it to small claims court if they don't pay.
16. Have your wife telephone you during faculty meetings.
17. Visit a New School near you.
18. Start a New School near you with some friends.
19. Take a tape recorder/witness/lawyer to the office when called in.
20. Calculate and publicize the total man-hours wasted by bad jokes at faculty meetings, taking attendance, writing hall passes, counting lunch money, etc.
21. Give up classes on Fridays and have jam sessions.
22. Stop being afraid of parents.
23. Post walk-on-the-left signs in the halls.
24. Have teachers try going on a student's schedule for a day or two.
25. Help students draft a Students' Bill of Rights.
26. Walk on the grass in spite of the signs.
27. Print and distribute counter-brochures describing your district.
28. Place saran-wrap over waste cans, teachers' mailboxes, etc.
29. Stop teachers from busting lunch lines (tape signs on their backs?).
30. Alert students to boycotting lunch lines by brown-bagging it.
31. Demand a merit pay system for your administrators.
32. Arrange for a no-adults area for kids.
33. Have a bizarre thought.
34. Refuse to allow military recruiters to talk to your classes unless draft resistance advocates are also allowed to appear.
35. Have a student film festival.
36. Post the Guerilla Manual on the faculty bulletin board.
37. Let students teach classes.
38. Issue poetic licenses to English teachers.
39. Have teachers try trading subjects once in a while.
40. Try having students communicate without words.
41. Don't wear a tie.
42. Do wear a mini-skirt.
43. Seize the intercom and dismiss school.
44. Issue megaphones to all teachers.
45. Pour limburger cheese in the confidential file.
46. Pass a collection plate for a non-existant organization and pocket the loot for your favorite interest (see GT No.58).
47. Give a kid a day off if his parent comes to school.
48. Give students their choice of instructors.
49. Hold a school-wide free hour, open the labs, art rooms, etc.
50. Put a rocking chair in every room.
51. Convince the graduating class to use their gift money for something useful, beautiful, or subversive.
52. Demand that doors be placed on the commodes in the student cans.
53. Stamp out MUZAK on the PA.
54. Refuse to take lunchroom or playground duty.
55. Take up a collection and buy all kinds of games for your classroom (especially in high school).
56. Have students bring a cloth, leather, or flour sack seat cover to use on their own desk.
57. Make a tape of the racist remarks in the faculty lounge and turn it over to the local Black Panthers.
58. Get your vice principal drunk and put him on a plane to Bangkok, Thailand.
59. Set aside a blackboard for graffiti for students and/or teachers.
60. Stop collecting lunch money.
61. Overload the office with bogus memos, proposals for new programs, non-existant meetings, etc.
62. Steal the SRA kits and throw them in the bay. Teach real.
63. Epoxy the principal's door shut.
64. Ask the local garden club to beautify the school grounds.
65. Build a fireplace in the faculty lounge. Use it.
66. Buy a 1970 calendar for the faculty lounge.
67. Get a faculty lounge.
68. Get a faculty.
69. Buy an old horse, bring it to the disciplinarian's office and pasture it.
70. Sabotage the AV equipment to see how long it is before anybody complains.
71. Hire a rock band to play for your classes and turn up the amplifiers.
72. Periodically, have hoardes of teachers (or students) go to the office and ask to have some rumor confirmed or denied.
73. Start rumors.
74. Put silly-putty in the office ditto machine.
75. Leave phoney letters of application lying around the school.
76. Wire a scrambler into the PA system.
77. Start an argument at a faculty meeting early in the year and find out who has any guts and brains.
78. Leave phoney letters of resignation for _____ lying around the school.
79. Send out bogus notices: "There will be a meeting...", "All coaches will assemble.", "All sophomores will report to the office at 3:00 pm...."
80. Get a bullhorn and shout back down the hall.
81. Simultaneously flip the PA boxes in all rooms to "call".
82. Post negative directives on the hall bulletin boards: "Boys will not wear track shoes to school Thursday...." "Students will not wear black armbands....", etc.
83. Help bachelor teachers prettify their rooms.
84. Bring in a community person at least once a week to teach, or watch, or take notes.
85. Let your kids sit where they want (floor not excepted).
86. Take some floor pillows to school and watch them multiply.
87. Put a suggestion box in your room. Use it.
88. Demand that college placement bureaus quit working for sanctioned or struck districts.
89. Start a confidential file written by teachers, make it available to prospective teachers when they come to interview.
90. Offer to make the teacher-written file available to administrators if they will make theirs available to teachers.
91. Bring in doctors, carpenters, housewives, mechanics, engineers, cops, etc., and let your kids ask questions.
92. Talk to your principal.
93. Talk to your janitor.
94. Run satiric ads in the local newspaper: "For sale--one school, 39 teachers (31 conservatives, two liberals, five middle-of-the-roaders, one radical....)" etc.
95. Bring EVERYTHING that's not being used in school to your room: pianos, AV equipment, sofas, books, magazines, typewriters, globes, maps, aquariums, statuary, brains....
96. Set up a phoney school and hire away all the crummy teachers.
97. Ask the school board to fire the administration, let the teachers run the schools, and split the financial difference with the board.
98. Rub lipstick, garlic, epoxy, etc., on the locker handles on locker bust days.
99. Encourage older students to teach younger ones.
100. Hire a lawyer and file a test suit over the "...and any other duties" clause in your contract.
101. Plaster the faculty bulletin board with mind-bending articles about schools, books, plays, politics, movies, meetings, pot parties, etc.
102. Start an exchange program of teachers at schools within driving distance.
103. Attend school board meetings, take notes, ditto summaries, distribute.
104. Initiate public debates on education in your district.
105. Refuse to chaperone after-school dances, games, rooter buses, etc.
106. Have a guerilla tactics brainstorming party in your district (send some to TP--share the wealth!).
107. Conduct evening seminars with parents on how schools fail their children and what's needed for kids to learn.
108. Call up Herb Kohl in Berkeley and bend his ear.
109. Help students and parents organize a Free School.
110. Teach grammar for nine solid months and help speed up the revolution.
111. Spend part of your summer at the Outward Bound school near you and find out you're tougher than you thought.
112. Grow a moustache (only if you're a man).
113. Refuse to teach more than 20 kids in the first three grades.
114. Teach evening mini-courses to parents in local history, city-county government, spelling, political action, art, dramatics, physical fitness, writing, video-taping, typing, community newsletters, and underground papers.
115. Give your administration a gift vacation to Hawaii for the month of January.
116. Make a deal with the office: you won't use the PA if they won't.
117. Telephone one parent every night to talk about his child, the schools, etc., for fifteen minutes.
118. Find a good idea your principal has and compliment him (her?) on it.
119. Demand equal time with coaches to speak at the Rotary luncheons about last week's lesson and the coming week's big test.
120. Collect facts on budget breakdowns and publicize them.
121. Organize a 20-30 age club in your community and see that they get plenty of factual information.
122. Set up a speakers bureau of teachers and offer them to interested groups.
123. Sell your body (if you've already sold your soul), and leave the money to the faculty improvement fund.
124. Use parent conferences to agitate for change.
125. Get some copies of school laws.
126. Fire your PR and R committee and write something honest for the local paper.
127. Use teachers to recruit new teachers.
128. Read George Dennison's Lives of Children.
129. Tell the office secretary that you don't take orders from her.
130. Buy your superintendent and principal a subscription to The Teacher Paper.
131. Explain to the public how non-teaching duties are a waste of the taxpayers' money.
132. Interview as a team--tell the board to take all of you or none.
133. Help students raise money for second-hand sofas, chairs, rugs, etc., and throw out all the plumbing-pipe-and-plastic furniture in the classroom.
134. Abandon the schedule one day a week and substitute films, games, athletics, dancing, open labs in shop, science, art....
135. Invite parents to class frequently, ask them to work as aides.
136. Demand that 90 percent of your state and NEA dues remain in your local district.
137. Meet with college faculties in your area and tell them what's going on in the schools.
138. Organize a classroom teachers association.
139. Form a faculty senate. Use it.
140. Invite your principal to your class every day. Invite him to teach a class.
141. Actively support teachers in the lower grades who are trying to improve conditions there.
142. Begin your next job interview by shouting "I don't take shit from anybody!"
143. Hire an actor to impersonate parental voices and make telephone calls to the office.
146. Produce a teacher newsletter with tidbits of change, rebellion, successes, failures, etc.
145. Encourage students and parents to pressure for a real voice in curriculum decisions.
146. Invite the school board to visit your classes. Invite them to teach one.
147. Ban plastic (coffee cups, chairs, desks, food....).
148. Organize a spring festival of the Arts: music, art, writing, athletic events, etc., and ask the local talented adults to perform.
149. Become a parent.
150. Forget about the curriculum for a day and talk about the good books you've read recently.
151. Agitate for 15-minute breaks for students and teachers in am/pm for milk, fruit, smokes, etc.
152. Decipher the dress code.
153. Arrange for a student lounge.
154. Encourage students to paint classroom interiors, choose posters. Carpet the halls.
155.
156. Allow singing in the halls.
157. Buy your superintendent (a) a box of Uncle Sam cereal, (b) a dictionary, (c) a stuffed bunny, (d) a copy of Elementary Logic.
158. Insist on a Black Studies program in your lily-white school.
159. Plant grass in the chalk trays.
160. Publish a daily fact sheet with no comment and distribute in teacher mailboxes.
161. Put an aquarium in the music room, a stuffed owl in the faculty lounge, pictures of Hiroshima in the physics lab....
162. UP WITH PEOPLE!

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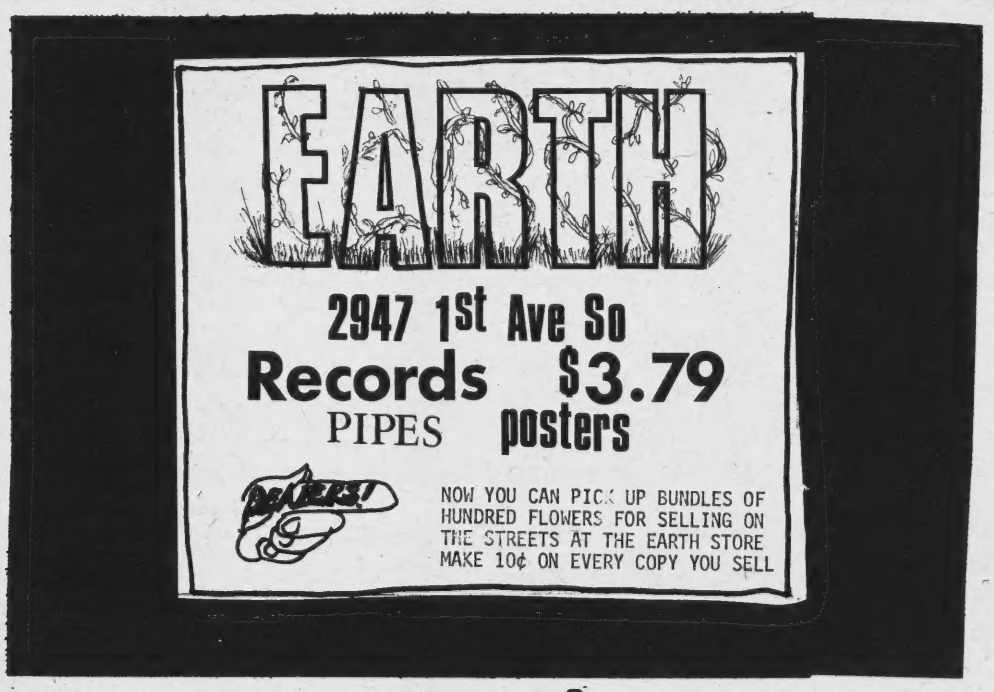
NOTE TO THE ADMINISTRATOR AND/OR TEACHER WHO REMOVES THIS POSTER FROM THE BULLETIN BOARD:
You are the reason this manual even came into existence. Think about it.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SISTERS CAUTION

HUNDRED FLOWERS

MAY BE HAZARDOUS TO YOUR HEALTH

THE SEX SUPPLEMENT in the September 4th issue of **HUNDRED FLOWERS** contained information that was simplistic, misleading, and potentially dangerous if followed. For accurate information on natural childbirth, home deliveries and female sexuality come to the Women's Counseling Service, 808 East Franklin Ave, 339-5479. We are writing an article on childbirth which will appear in **HUNDRED FLOWERS** in the next couple of weeks.

UNWANTED PREGNANCY: In the September 11th issue **HUNDRED FLOWERS** published an anonymous phone number to call for "unwanted Pregnoncy". No explanation was given. We women must stick together to protect ourselves from quack abortionists, safe abortions at outragous prices and facing an abortion alone. The Women's Counseling Service shops around for all of us and can refer sisters to the cheapest safe abortions available. You can go with sisters. For more information, call us.

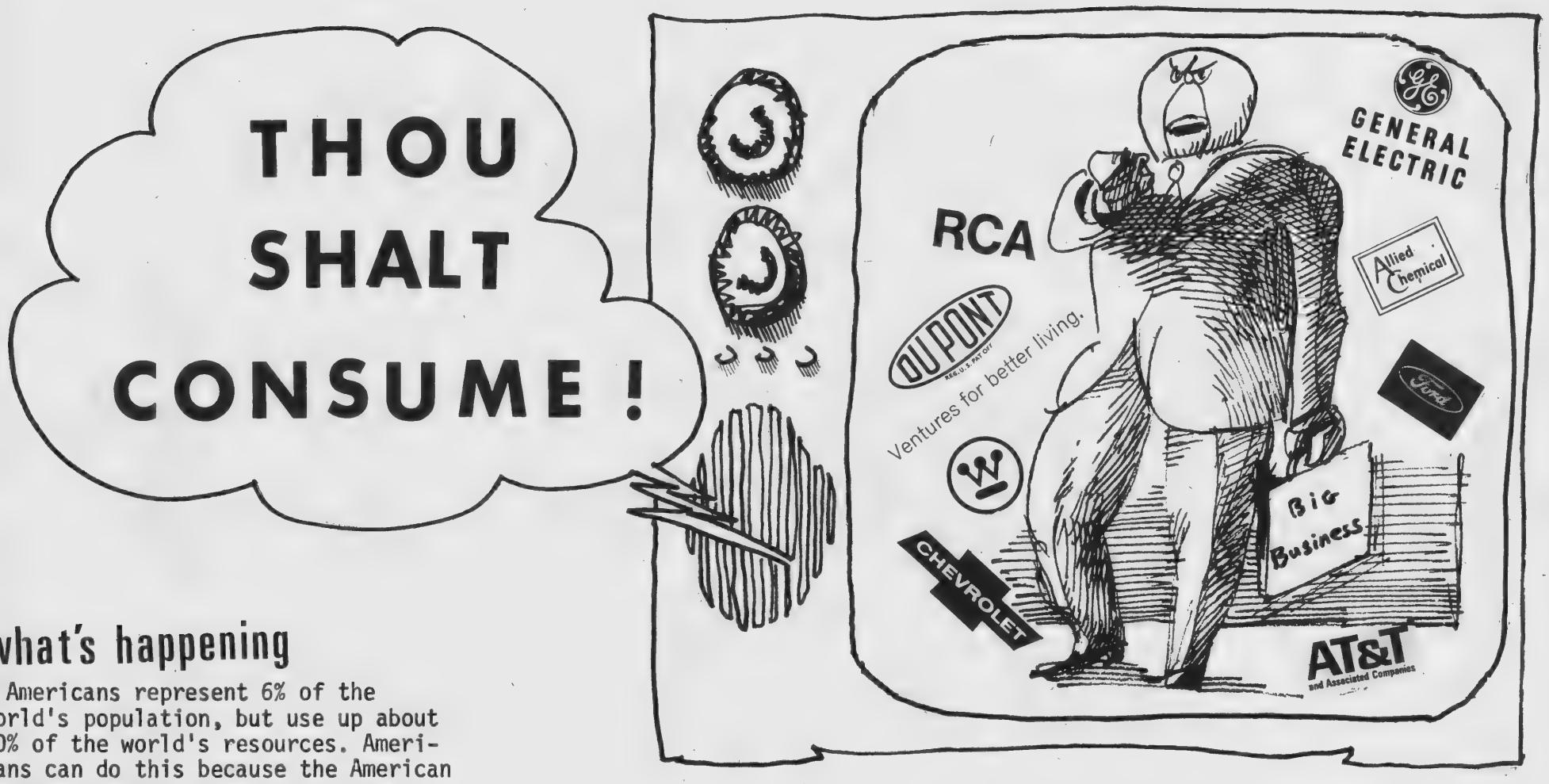
SISTERS: Do not count on **HUNDRED FLOWERS** or any of the establishment press to report the happenings of the Women's Liberation Movement. Exciting things are happening to us. We would like to share them with you. Please come in and talk with us.

WOMEN'S COUNSELING SERVICE
808 - East Franklin Avenue
Minneapolis, Minnesota
Phone 339-5479 339-3335

HOURS: Tuesday thru Thursday
Noon until 9 pm.
Friday and Saturday
Noon until 6 pm

Sorry Sisters--the diagram we ran in our September 4th issue was indeed incorrect. We apologize to our readers. The phone number we ran in reference to "unwanted pregnancies" was, however, the number of a very reputable Abortion Referral Clinic in Venice, Calif. We ran the number at their request, as a public service. We firmly believe that abortions should be easily accessable to all women but do acknowledge that the number we ran does not give the complete counseling and follow-up that our Womens Counseling Service offers here in Minneapolis.

Marly



what's happening

Americans represent 6% of the world's population, but use up about 60% of the world's resources. Americans can do this because the American machine controls about 70% of the world's wealth.

We are affluent not by the dictum of special virtue or God-given right, but because American special interests (industrial and military) have consciously pillaged the resources of other nations. An example is Mexico, where a major portion of the agricultural efforts are devoted to feeding the U.S. and a few other countries; meat and live cattle move in a continuous stream into Texas from Northern Mexico while the food markets of Mexico City and other cities are desparately short of meat. Similar situations exist for not only food, but for fuels, minerals, etc.

Industrialization and development of the Third World is discouraged because of the necessity for the U.S. to have the Third World countries remain in a colonial status; this insures that the U.S. will get the resources and not the Third World itself and that there will always be a good market for the materials produced in the U.S. Meanwhile the profits pour in.

Not only do we exploit people and the land abroad, but in addition, through our consumption, we are killing ourselves off at home. Remember that every material good used helps destroy the environment. All things must be made from some natural resourse (thus resource depletion). Then they must be manufactured somewhere (industrial pollution). While being used they probably pollute, either directly like a car, or indirectly, like a toaster which causes an increased demand for electricity. Once these material goods are used they are thrown away (garbage overkill). Between these stages of creating and throwing away goods, polluting transportation and wasteful packaging are used. Meanwhile the profits pour in.

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why

Americans believe, contrary to most other people in the world and in spite of the words of all the wise men in history, that it is good to have lots of things. This is a left-over hang-up from the Puritans, who believed that you could tell who God was going to save by the amount of material goods God gave that person during his lifetime. Thus having lots of material goods became a sign of success. Today straight Americans still judge each other this way: the most successful person is the one who can collect the most amount of material goods.

It hasn't always been this way. Many cultures have religious and social stigmas to keep any person from collecting too many things. Pure Christianity has always taught that a simple way of life is a better way of life. This is what part of the Protestant Reformation was about; the Medieval attitudes against work, profit, material goods, etc. had to be changed before capitalism and industrialism could be developed.

The whole idea behind capitalism is to make a profit by any means necessary. Goods which aren't necessary are produced and sold to make more profit. Through advertisement a corporation produces a good and then makes the public think that they need that good in order to fulfill their existance on earth. The commandment for Plastic America is: Thou Shalt Consume! The people are cajoled, lured, and brainwashed 24 hrs. a day into buying more and more. Capitalism has developed things like "planned obsolesence" (where things are purposely built to not last and "style changes" so that people can be pushed into buying more and more. Meanwhile the profits pour in.

what to do

First we must all realize that the corporate giants aren't about to voluntarily change to stop producing the junk they are pushing on the people. They are making too much money todo so. All people must join the movement to establish popular control over business and industry. Action must be taken to counter the constant brainwashing to buy. Trade markets, sales demonstrations, etc. should be disrupted. Projects against the large consumer corporations should be started. Consumer Christmas should be abolished. Demands and action should be made to recycle what we do use.

At the personal and household level, a great deal can be done to rid yourself of the unnecessary consumption. Don't buy cars, bacon fryers, egg cookers, extra clothes, too much food, electric toothbrushes, deoderants, $15 dollar Hippie shirts,etc. What you do need, you can share with others. Communal living helps this sharing process. Neighbors should cooperate on the use of things like lawnmowers, household toold, laundry equipment etc. People should know how to repair their necessary household goods so that nothing new need be bought. Just remember that we can never be totally free until we can give up worshipping lots of material goods; otherwise our material possessions end up possess us instead of the other way around.

USE AS LITTLE AS POSSIBLE
DON'T BUY ANYTHING NEW

Agnew Speech "No.9"

Vice President Agnew is busy unloading his shuck and sham on the silent majority again, this time from Sin City Capital of Plastic Amerika---Las Vegas, Nevada.

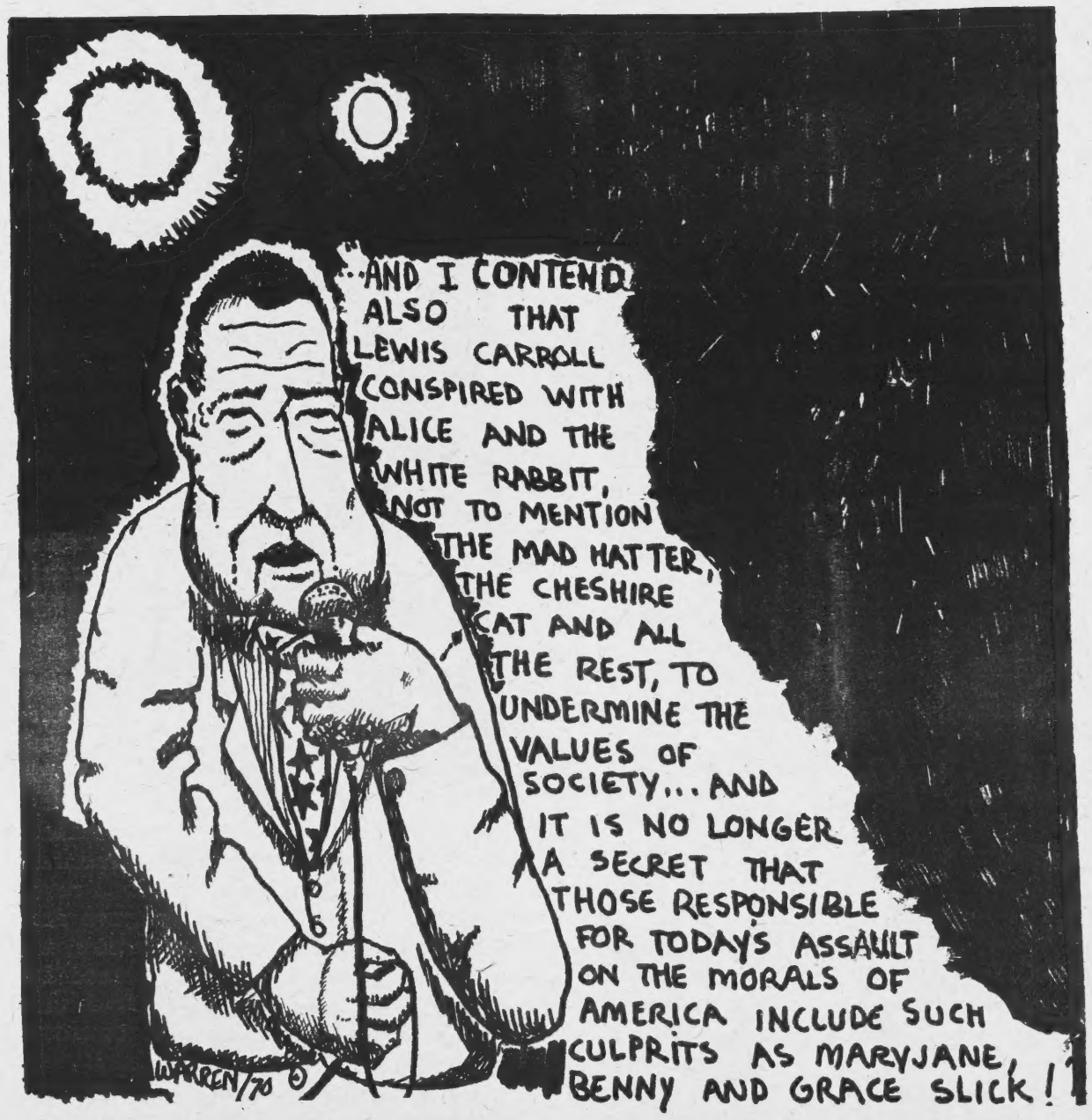
In a telecast Speech from the Sahara Hotel, Monday Sept. 14, Agnew came down for the first time hard and direct on the freak community in what was essentially a call for censorship of our music. That's right, folks. "I may be accused of advocating some censorship for pointing this out, but have you heard the words to some of these songs?"

Then Agnew asked the Silent Majority to help President Nixon stamp out the "drug culture" by (get this) electing a Republican Congress this fall. This is when the shuck and sham of the whole maneuver becomes more than obvious.

Up until now the Agnew speil of verbiage has overshot much of the counter coummunity, missing those homey freaks who strongly identify with each other, but not much with the political activists, the apathetical "good folk" of hippidom.Now Agnew enlightens them to their significance.

Musicians, Artists, etc,. "who don't dig politics" will begin to realize that if they don't bother to think about their own political significance, Spiro will do it for them.

Some of the songs that blessed Spiro's ears were: Beatles' "I get high with a little help from my friends...." (Spiro cited that these friends are the popular and renowned Maryjane Benny and Company) and Airplane's "White Rabbit" ("One pill makes you larger and one pill makes you small...")


..AND I CONTEND ALSO THAT LEWIS CARROLL CONSPIRED WITH ALICE AND THE WHITE RABBIT, NOT TO MENTION THE MAD HATTER, THE CHESHIRE CAT AND ALL THE REST, TO UNDERMINE THE VALUES OF SOCIETY... AND IT IS NO LONGER A SECRET THAT THOSE RESPONSIBLE FOR TODAYS ASSAULT ON THE MORALS OF AMERICA INCLUDE SUCH CULPRITS AS MARYJANE, BENNY AND GRACE SLICK!
WARREN/70

After exposing the Beatles and Airplane, Spiro went on to close in on such oldies but goodies as: "Acid Queen", Eight Miles High, Don't Step on the Grass, Sam, (That means you, Spiro), and Stoned Women, hoping, of course, to send the Silent Majority reeling in horror at the mere mention, and vote in the Republican Congress.

Whatever led Spiro to tune in to Acid Rock? No doubt the myth got so big that Spiro saw it as his duty to investigate. Just picture it! First ripping off some of Kim's L.P.s, he has himself a good listen, no doubt wincing and flinching through the whole ordeal. To Spiro, it all sounds mad enough to ban, but censoring instruments would surely remind at least some of the Silent Majority of the famous "Banned In Russia" protest symphonies, so he moves on to examine the lyrics. Not being able to decifer verse, Muddle-Head sends the potential contraband to be decoded. What comes back soon hits the fan. Before we know it, all Beatlemania alumni and Woodstock Nation citizens find themselves under the thumb of the 20th century Babylon.

Knowing this is scary enough, but imagine what the Rock scene will witness of Spiro when he finds out what a Grand Funk of a solution such Airlines as Jefferson are packing these days.

The process of the spiro-system might be to ban Acid-rock now, to simplify banning Revolution- rock soon. It should be clear to us now, it is not just our music at stake,... it is our lives.

Warren

write on

Dear Hundred Flowers

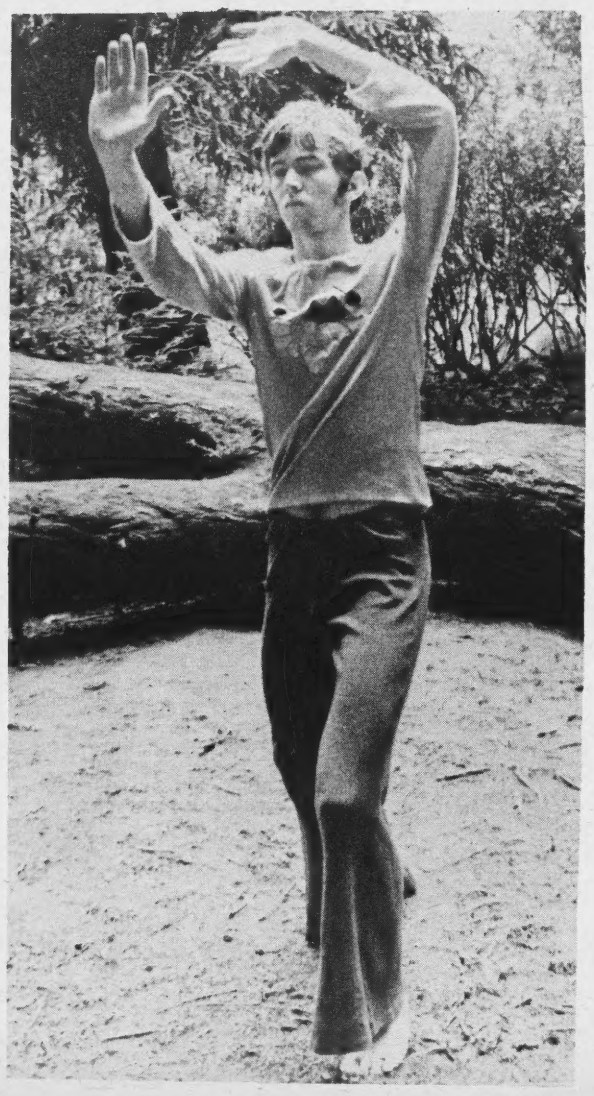
As a thirty-five year old priest, certain thoughts occur to me about courage and facing death and what it is that makes our lives respectable and worthwhile. It has mainly to do with being humble and respectful in the presence of the mystery of our own existence. God is so great. Why does he love us so much? On August 28, the feast of St. Augustine, I wrote a paper about what amounted to the ability of witch-doctors, when the world was too much with them, to simply climb up a tree into heaven and be with God. There is a power of subjectivity- some people try to induce it with drugs- which does insulate us completely against the "other" reality. Those whom God is with, their faces are like flint(Isaiah, c. 50). No shame, no pain, no human power causes those faces to blush, or contort or be cast down. On the same day, Arthur, a "bum" came up and began talking about God. "Why does he loves us so much?" He kept repeating that, a man so abused, so low down on the scale of esteem, a man who must suffer so much from the "hard-headed" men that he tries to collect his daily bread from.

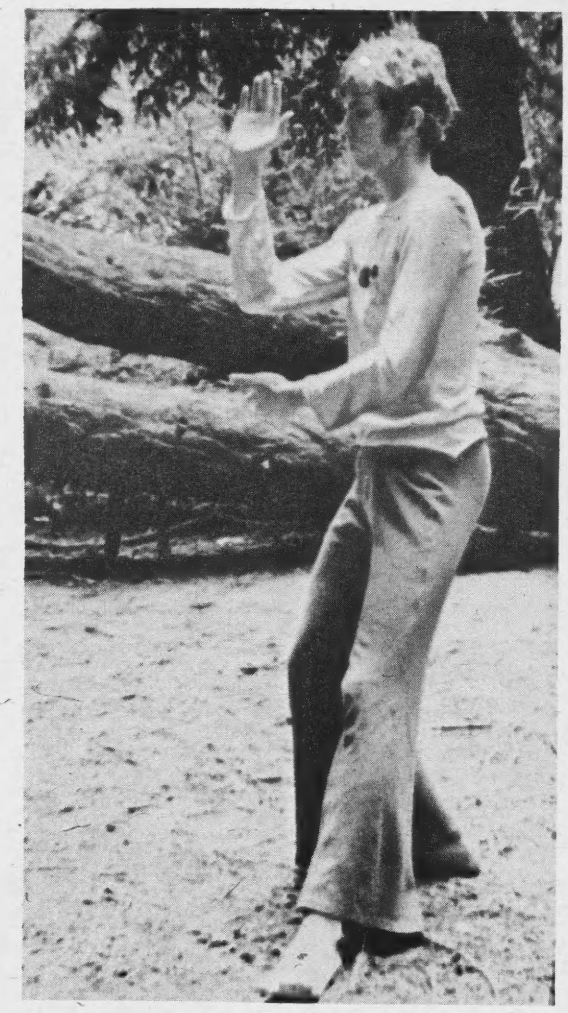
We have the power in our mortal hands to eliminate all forms of human poverty (and all forms of human life). Jesus for the joy that he had experienced embraced the maximum of physical pain, even to death on a cross. Our new lives, in this new unfolding rationalizing universe, where technology will restore the "cottage econamy" to replace the "waste economy" whose evils are now greater than the "slave economy" ever was, our new lives will involve, as ever, a balance of pleasure and pain. The young wife mediates the joys of her young love with the maximum pain of child-birth. The good husband has accumulated an equivalent share of pain over those nine months by his concern and selflessness. Yes, the Panthers, yes, Che, they are willing to die. But that is not enough. Death must be regulated by love, as pain by pleasure. In this Devil's world, William the Emancipator and the Women of England achieved great victories in 1807 and 1833 over slavery. Let us go forward to imitate these great people of the past.

Peace,
(Rev.) Leo Reilly CSB

Chinese Yoga of Movement

T'AI CHI CHUAN





CARRY TIGER TO MOUNTAIN
(Note:the following is the first in a series of articles on T'ai Chi Chuan written by Terry Walhus. The next articles will discuss the Chinese approach to excercise, medicine, food and health also presenting specific excercises.)

Terry is a student of Master Choy Kam-Man who has taught Tai Chi in Taiwan and San Francisco since 1949. The form he practices is called the Yang style, which consists of 108 movements which take 20 minutes to complete. He also practices Ta Lu, a form in which one joins hands with a partner.

Clouds hands...needle at sea bottom ...step back and repulse monkey... white snake puts out tongue...play the fiddle...carry tiger to mountain ...stork spreads its wings.--A few of the names of the 108 movements of the T'ai Chi Chuan.

This thousand year old set of Chinese Yoga meditation exercises teaches relaxation and strength through yielding and firmness. The slow,disciplined movements were seen in brief parts of the movies Easy Rider and Woodstock.

Tai Chi is a whole body exercise, a meditation in movement, a system of philosophy, a means of self-defense, a powerful dance,and a way of preventing tiredness and many forms of illness without the use of medecine or drugs. It is an aid to posture and breathing.

Daily workouts have a cumulative effect on the body, improving blood circulation, joint movement,breathing cycles, digestive capacity and functioning of the nerves. The Taoists say that Tai Chi done along with other Chinese health techniques (macrobiotic eating, acupunctural massage, and mocsibustion)will bring man to his normal longevity of 100 years.

As a martial art Tai Chi was practiced by "mendicant Taoists, monks traveling along bandit-ridden roads of China who found it convenient while being attacked to be able to practice their meditation disciplines as a means of self-defense in such a way that the clumsy bandits injured themsleves". (Gia Fu).

The philosophy of Tai Chi is contained in the venerable Book of Changes -the I Ching- and is represented by the circle in which two spermatazoa-like forms swim about on another, the dark half representing movements that express feminity, softness, earthiness,and yielding. The light half representing toughness, masculinity, firmness, and heavenliness.

The basic principles of Tai Chi are listed by Gia Fu Feng in his new book "Tai Chi--A way of Centering and I Ching" (available at Savran's):

1. Harmony of all the body's parts
2. *Circular movement*
3. Circulation of the "Chi"of vital life force from its center to the other parts of the body
4. Catlike,effortless movement
5. Looseness

Terry will be giving a demonstration of T'ai Chi Chuan at the North Country Festival of Educational Alternatives at Macalister College Oct. 3rd and 4th at 2:PM .

Classes start October 10th at the Minneapolis Center of Yoga and Inner Awareness at 1 in the afternoon at 3045 Nicollet Ave. So.. Call 729-0286 or 920-4976 for further info.

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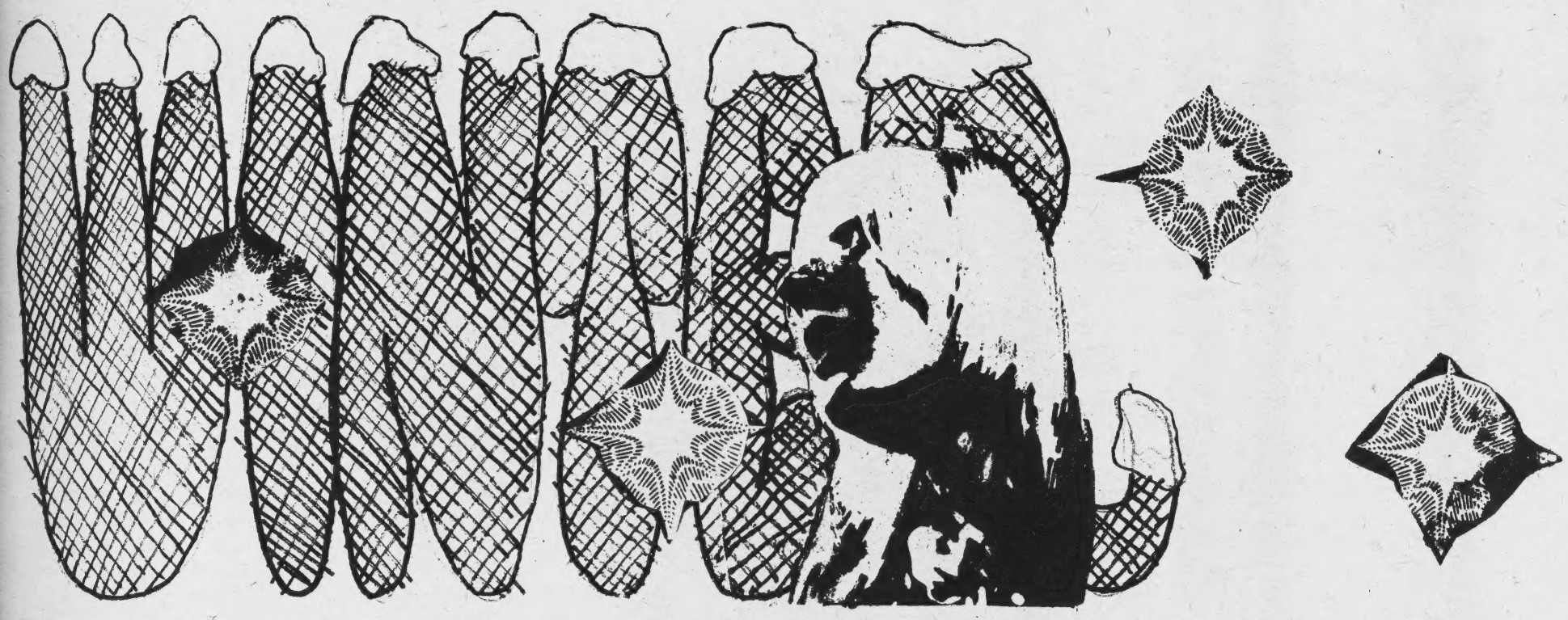

It's hard to tell what's happening to rock.

If anyone has any ideas HUNDRED FLOWERS would sure welcome a coherent essay on the subject.

The Johnny Winter concert at the Labor Temple Sunday may have provided a few hints.

Winter, who had to wait through sound problems in the first set, was tired and bored, insincere in his enthusiasm, and uninspired.

The audience, who had to wait an extra hour outside for the first show to end, was tired and bored, insincere in its enthusiasm, and uninspired.

The traditional foot-stomping finger-popping Winter blues was stumbling and awkward for Winter and especially for his sidemen. The rock and roll didn't rock and the show was outrageously short. The ovation that followed was more an expression of that outrage than appreciation.

Plainly, Winter hadn't fulfilled his contract and they wanted their money's worth.

They got the bastard back of course and everyone was beautiful again, but that sticky, stupid situation only served to raise more doubts about that whole scene. Going down to the Temple to catch the current high priest playing mind-fuck just ain't what it used to be. Surprises have been few and far between for a couple of years and it appears that it's all reached a post-peak stagnation.

We've been reaching to our roots--rock and roll, blues, and country--to stay fresh ever since the Beatles told us a couple of years ago to "Get Back" (and thus relinquished their place in the vanguard of musical exploration).

Also, jazz and classical music have made extended attempts at fusing with rock but have met with limited success.

The whole cycle seems to have peaked, Johnny Winter and his cock-rock included, and we've apparently moved into a phase of uncertainty.

What's next? We've learned a lot from rock, but we haven't learned anything for a long time. It was more than a decade ago that Elvis taught us that hard-ons were groovy, and several years since the Esquires and Jackie Wilson reminded their black sisters and brothers that they were "gettin' on up."

Now the Kinks have offered gay liberation a new anthem in "Lola" although the consciousness-raising potential of that remains to be seen.

There is so much to learn and so many musicians on trippy indulgencies that the problem is now whetheer we're going to get any help from them.

Unfortunately, the Kinks' level of awareness is rare while Winter's is common. Winter may remain the heaviest, (and prettiest) white blues guitarist forever without us ever knowing where his head is at.

But rock has always knocked us off our feet somehow, and despite the current slowdown we should expect it again. Brace yourselves.

--Tom

A big weekend is in store for NorthCountry.

Elvin Jones finishes his week-long gig at the Cafe Extra-Ordinaire through Sunday night with three shows each weekend evening. Jones, perhaps the nation's best jazz drummer, leads the fall schedule at the Extra-Ordinaire where a last-ditch effort is being made to find a mass jazz following here.

All sets are open to all ages.

Saturday night all eyes'll be on the Cedar Theatre for the highlight of the three-day Cedar-Riverside Autumn Festival.

Willie Murphy, Roy Alstead, Dean Granrok, Dawn, Dean Karr, Easy Green, Humboldt Jones Quartet, Nate Bucklin, and Max Swanson all are slated for sets.

Sunday is a biggie. Chicago's finest, Mason Profitt, will be back at the Depot after filling in for someone a few weeks ago and coming off well.

Sha Na Na will be back in town for the third time in twice as many months for two shows at the Labor Temple. Last but loveliest, Buffy St. Marie will be at Northrop Auditorium.

In Concert
SHA NA NA
MPLS. LABOR TEMPLE
SUNDAY, OCTOBER 4th
ALSO THE MYSTICS

TWO SHOWS: 7:30 & 10:15 pm.
TICKETS: $3.25 first show, $3.75 second show
AVAILABLE AT: The Electric Fetus, Optic Nerve, Positively 4th Street, and Old Laughing Lady.

BULLETIN BOARD

High School Students & Drop-Outs

A High School directry is drastically needed. --A list of schools, and up to date reports from the schools to be published in Hundred Flowers. Contact us by mail P.O. 7152, Powderhorn Station (or phone) and mention whether you have an underground newsletter-paper,or liberated school rag; the school atmosphere(among students; repressive adm.? faculty support or harrassment?); and if you work with people from neighboring schools etc. etc..

Also keep us posted on events-hassles-victorys. YOUR BROTHERS AND SISTERS NEED TO KNOW YOU ARE THERE AND WHAT IS HAPPENing!

ROOM FOR RENT with use of house. Kenwood area. Reasonable rent. Call 377-7582. Ask for Phyllis. Available for October and November.

CATACOMBS COFFEE HOUSE is open Tuesdays and Thursdays from 7:30 to 11:00 pm. THE PAISLEYS are featured on Oct 14th. CATACOMBS is located at 905-4th Ave So. Folksingers, Planned Parenthood and birth control information. For more information, call 332-5407

Free Food will be distributed every morning, Monday through Saturday, from 9 to 10, at Minnesota Green, next to the Fetus.

The food includes milk, orange drink, cereal, donuts and sandwiches. It's kind of plastic and comes from the OEO, but it's worth looking into.

NEED A PLACE TO STAY? And a little bread too? St. Paul family needs a girl to help around the house. Pregnant OK. Own room, must not have any allergies to animals. Call 226-5588.

FISCHER TURE-TYPE professional amplifier. Lots of amps--$75 New $275. Call Muses Record Shop--823-9626.

THE MINNEAPOLIS SOCIETY OF FINE ARTS Will hold their eighth annual membership Ball on Sat. Oct. 17. The theme of which will be a pre-Columbian motif entitled LA DAMZA. For more information call the membership office 339-7661.

THE MINNEAPOLIS INSTITUTE OF ARTS Exhibitions and events:
THE ART OF CARICATURE, Oct. 6-Nov. 8
WILLIAM LANDWEHR in the gallery, Oct 10 through November 18.
RAMON MUXTER PHOTOGRAPHS thru Oct. 12
DON SHULE IN the Gallery thru Oct. 7

ALICE IN WONDERLAND, a play about a realization of the drug experience will be presented by the MINNESOTA ENSEMBLE THEATRE each weekend in October beginning Oct 2nd: Fridays 8 pm.
Saturdays, 7 & 10 pm Adm.
Sundays, 8 pm. Contribution, or free admission.
Through October 25th.

THE EXHIBITION: BONNARD/VUILLARD: COLOR LITHOGRAPHS opened Sept. 22 at the University Gallery, 3rd floor, Northrup Memorial Auditorium. Galery hours are 11 am to 4 pm Monday thru Friday and 2 - 5 pm on Sunday. The exhibition features Some Aspects of Parisian Life by Bonnard and Landscapes and Interiors by Vuillard.

NEEDED: Use of vehicle that can pass state inspection for driving road test. Call 377-6035.
TO LISSA: Happy Birthday, Honey, we love you please come home. Mother.

WATER COLORS by commission. Tom Ojile...339-1772.
PEOPLE INTERESTED IN Wilderness Communne Call Bill Kennedy 825-7874.
FREE U. Candlemaking Class. Offered by SPACECRAFTS at 2601-16th Ave. So. every Wednesday at 7:30. Cost is only materials used. Come visit us.
MAN FOR HIRE: Housepainting inside and out, repair work and lawn work CALL JOHN 336-3066.
RIDE URGENTLY NEEDED TO and from vicinity of Washington D.C. for political Recess (approx. Oct 24- Nov. 3) Can share driving and expenses. Also can offer free room in D.C. for the week. Please, no hassles. Call room 203 at 647-6404.
JOE AND ANGELA: Where are you. Not hear from in many moons. Hoping for some realization on what happening with you. HIGH Joe Hand.

PEOPLES' PANTRY needs people with a truck or large car to help pick up large quantities of food. If you can help call 332-4973 or 333-6935

CEDAR RIVERSIDE FESTIVAL

Friday, October 2

6-8pm Autumn Festival Opening Concert -- An exciting grouping of local musicians will kick off the festival. Featuring today's music; urban blues, rock and folk. No Charge. Edna's Park (behind Cedar Theater). In case of rain, Cedar Theatre. 416 Cedar.

8pm Minneapolis Ensemble Theatre at the Guild of performing Arts - Alice in Wonderland--A Realization of the Drug Experience. Based on Lewis Carroll's children's tale to expand audience awareness of the drug culture in terms of use and abuse of haluciogenic drugs. 504 Cedar. Admission-$2.75, students $2.00

8pm Theatre in the Round - Slow Dance on the Killing Ground by William Hanley and directed by Warren Frost. Reservations advised for reserved seating. 243 Cedar. Admission - $3.00, students $2.00

8pm and 10pm Strike Film Co-Op at the Screening Room -- three short films. "Confrontation" -- the fight for community control in the Dinkytown area. "On Strike" -- the U of M responds to Nixon's escalation of the war in Cambodia. "50,000 for Peace" - the largest peace march to take place in Minnesota. Contribution 50¢ minimum. 317 Cedar.

9pm-2am Coffeehouse Extempore - the 'Extemp' is the gathering place of the West Bank community. Features casual, intimate atmosphere; entertainment, games, food, and a place to talk. Folk music by Ted McGill. 321 Cedar. 50¢ admission.

Saturday, October 3

noon-6pm Art Sale-Local artisans from the Cedar-Riverside area, Augsburg College, and the University of Minnesota will be selling in the Mini-Parks throughout the West Bank area.

4pm Guitar Workshop - The West Bank School of Music. Workshop including blues, classical and folk guitar styles. 1813 - 6th Street South.

7pm Musicamalgam - West Bank School of Music at Cedar Theater. Known area performers play a variety of folk, blues, jazz, and rock music. Performers include Roy Alstad, Dean Granros, Dean Carr, Humbolt Jones Quartet, Willie Murphy and Dawn. Admission -- $1.50. 416 Cedar.

7&10pm Minneapolis Ensemble Theatre - Alice in Wonderland.

8pm Theatre in the Round - Slow Dance on the Killing Ground.

8&10pm Strike Film Co-Op at the Screening Room.

9pm-2am Coffeehouse Extempore - Folk music by Jim Miller.

Sunday, October 4

noon-6pm Art Sale -- Mini-Parks.

1-2:30pm Get It Together Concert - Join local musicians for an afternoon in an urban autumn scene. No charge. Edna's Park. In case of rain, Cedar Theater. 416 Cedar.

2:45pm Loyce Holton's Minnesota Dance Theatre at Cedar Theater. The company presents movements from their premier 1970-71 season.

4:30pm Contemporary choreography by Loyce Holton; music by Cage, Weber, and Frank Zappa. 416 Cedar.

3pm Theatre in the Round - Staged readings from The Hollow Crow, Spoon River Anthology and other works dealing with "Love and Marriage". Between performances tour the theatre and meet members of the Board of Directors. Refreshments available. 243 Cedar.

3:15pm and 4:45pm Nancy Hauser's Dance Company at the Guild of Performing Arts. The Company presents selections from its repertoire dealing with mood, color, and abstract expressionism. Choreography by Hauser, and Redlich. Between acts, the sound of Flamenco. Michael Hauser, recognized artist and scholar of this Spanish folk idiom presents a creative interpretation of this exciting music. 504 Cedar.

3:45pm and 5:30 pm Center Opera at Cedar Theater The Center Opera Company will present a special short work. The company is dedicated to contemporary theatre that combines singing lines and visual impart. 416 Cedar.

3:45pm and 5:15pm Dudley Riggs Brave New Workshop at Theatre in the Round. A cabaret theatre of American comedy and satire tweaking the sensitivity of the midwest since 1951. The satirical sketches are held together with general themes of promiscious hostilities. 243 Cedar. Mid-October opening at 1430 Washington.

4pm *Guitar Workshop - West Bank School of Music.

8&10pm *Strike Film Co-Op at the Screening Room.

9pm-2am *Coffeehouse Extempore - Music by the Paisleys.

* Program information for repeated programs found in first time scheduled.

Cedar-Riverside Autumn Festival Co-Ordinator: Tom M. Stark